



RISING STARS TRAINING CAMPS

A golden opportunity for young athletes to work with National and Regional Staff Members

	RISING STARS I		RISING STARS II
WHEN:	September 17 & 18, 2011		September 24 & 25, 2011
WHERE:	Elite Gymnastics and Dance 206 New Highway Amityville, NY 11701 631 841-2190		Roots Gymnastics 209 Root Road Westfield, MA 413 562-2333
GUEST CLINICIAN:*	Tammy Biggs		Tammy Biggs
WHO:	Open to USAG compulsory and optional athletes [Elite Gymnastics & Dance] Open to USAG optional athletes Level 7 and above [Roots Gymnastics]		
COST:	\$95.00 for both days Registration will be accepted on a first come basis		
SCHEDULE:*	Elite Gymnastics & Dance Saturday & Sunday	Session 1 9:00 – 1:00	Session 2 1:00 – 5:00
	Roots Gymnastics Saturday Sunday	Session 1 1:00 – 5:00 9:00 – 1:00	Session 2 5:00 - 9:00 1:00 – 5:00
DEADLINE:	September 1, 2011		

	RISING STARS III		RISING STARS IV
WHEN:	October 2, 2011 Gymnastics and More 8 Micro Drive Woburn, MA 01801 781 938-3669		October 30, 2011 Bright Raven Gymnastics 12 Pixley Industrial Parkway Rochester, NY 14624 585 247-0800
WHO:	Open to USAG compulsory athletes Level 2 – 6 [Gymnastics & More] Open to USAG compulsory & optional athletes [Bright Raven]		
COST:	\$50 / 1 session Registration will be accepted on a first come basis		
SCHEDULE*	Sunday	Session 1 9:00 – 12:00	Session 2 12:00 – 3:00
DEADLINE:	September 17, 2011		

*Subject to change