



Strength, flexibility, Body awareness and Artistry clinic

2011 June 4 at Sunrise Gymnastics Inc

Enrolment Form and Waiver/Release Form

LIABILITY RELEASE AND INDEMNIFICATION: Prior to participation this form must be signed by at least one of the participant's parent or legal guardian if the participant is not yet 18 years old. Participant's signature is required if 18 years of age or older

Name of Participant:	DOB:	
USA Gymnastics Club Name:	Home phone:	Cell phone:
Parent/Guardian Name (print):	Other Parent/Guardian Name (print):	

In consideration of Sunrise Gymnastics Inc. allowing the gymnast to participate in sport activity and clinic, including non gymnastics activities such as dance, ballet etc. (hereinafter referred as the "Activity"), I, and if I am not yet 18 years old my parents or legal guardians, agree to be bound as follows (the term "I" in this release refers to both the gymnast and his or her parents or legal guardians).

(1) **Acknowledgment and Assumption of Risks.** I understand that activity involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by the gymnast's actions or inactions, those of other participating in activity, the condition which the Activity take place, the negligence of the "Released Parties" named bellow or other causes. I further understand that they may be other risks either not know to me or not readily foreseeable at this time. I fully accept and assume all such risks and all responsibility for losses, cost, and damages that may results from the Activity. I hereby give my approval of a consent to the gymnast's participation in the Activity, I assume all risks and hazards incidental to the Activity and to transportation to and from the Activity.

(2) **Representation of Ability to Participate.** I understand the nature of the Activity, and I represent that the gymnast is qualified, in good health, and in proper physical condition to participate in the Activity.

(3) **Release.** I hereby release, acquit, covenant not to sue, and therefore discharge Sunrise Gymnastics Inc., its owners, officers, administrators, employees, agents, volunteers, sponsors, advertisers, coaches and supervisors, and the owners of lessors of any facilities within which the Activity is conducted, their respective agents and employees and all other persons providing facilities or assisting in the conduct of the Activity and in transportation to and from Activity (collectively "Released Parties") of and from any and all actions, cause of action, claims, demands, liability, losses and damages of whatever name or nature, including, but not limited to those arising from or in any way related to the negligence of any of the Released Parties, that arise out of or are connected in any way to the gymnast's participation in the Activity and the transportation of the above named gymnast to and from Activity (collectively the "Released Claims").

(4) **Indemnification.** I will defend, indemnify and hold harmless the Released Parties from (that is, to reimburse and be responsible for) any loss or damage, including but not limited to costs and reasonable attorney's fees (including the cost of any claim I might make or that might be made on my behalf or the gymnast's behalf that is released in this document), arising out of or connected in any way with any of the Released Claims.

I HAVE READ AND UNDERSTOOD THIS ACKNOWLEDGEMENT AND ASSUMPTION OF RISK, REPRESENTATION OF ABILITY TO PARTICIPATE, RELEASE, INDEMNIFICATION, AND CUSTODIAL PARENTS. I UNDERSTAND THAT BY SIGNING THIS DOCUMENT, I AM GIVING UP SUBSTANTIAL RIGHTS. I AM EXECUTING THIS DOCUMENT VOLUNTARILY AND WITH FULL KNOWLEDGE OF ITS SIGNIFICANCE

Signature of Parent/Guardian

Date

Signature of Other Parent/Guardian

Date