

# State Meeting 2010 August 4th

NLG Fall Meet – Nov 13 – non sanctioned, Nov. 14, Level 3 – 10 & prep opt

Winter Meet at Le Studio – Dec. 5 Level 4 – 10 & PO

Sectional 1 at ? – Dec. 12

Royal Inv at Regal – Jan 8&9, Level 4-10 & po

I Love VT at Champlain Valley – Jan 22, Level 4 – 9 & PO

GM inv & Sectional 2 at Woodman – Feb. 5 & 6, Level 3-10 & po

Groovin Classic at NLG – Feb 28, Level 4 – 10 & PO?????

Hip Hop at Woodman – March 5 non sanctioned, March 6 Level 4 – 10 & prep opt

Sectional 3 at Le Studio – March 13

State Meet Level 4 – 10 & po – March 26,27 – site tbd

Level 9/10 Regionals – April 15-17

Level 8 Regionals – April 30, May 1

Level 9 East/West Nationals – May 6-8

Level 10 Nationals – May 13-14

## **Qualifying Scores & Age groups**

Prep Optional will continue to be in the state meet this year

Age groups - 8–10, 11/12, 13/14, 15-18, 19+

Qualifying score – 29.0 to states, Event specialist qualifying score 7.25

Level 4 will be allowed to go to sectionals if they want to.

Age groups – 6&7, 8, 9, 10, 11, 12+

Qualifying score – 29.0 to states, at a sectional or any meet that is sanctioned

Level 5 – 7/8, 9/10, 11/12, 13+

sectional 29.0, states 31.0

Level 6 – 8-10, 11/12, 13+

Sectionals 29.0, states 31.0

Level 7 – 8–10, 11/12, 13/14, 15+

States 31.0

Level 8 – 8-11, 12, 13/14, 15+

States 31.0

Level 7 & 8 event qualifying score is 8.0

Level 9 & 10 determined later

States 32.0

Level 9, 10 event qualifying score is 8.25

I NEED A FUNCTIONAL E-MAIL ADDRESS FOR ALL VERMONT USAG MEMBERS – A LOT OF INFO WILL BE GIVEN THROUGH E-MAIL AS IT IS FASTER. IF YOU DO NOT HAVE ONE LET ME KNOW – I WILL SEND OUT IMPORTANT INFO IN THE BEGINNING OF THE YEAR BUT A LOT OF THINGS DURING THE YEAR ARE TIME SENSATIVE AND NEED TO BE DONE THROUGH E-MAIL. My normal email is [jgumkow@aol.com](mailto:jgumkow@aol.com) Please use [jillnlg@yahoo.com](mailto:jillnlg@yahoo.com) for any immediate needs – I get it on my phone. I don't usually check my email after 3pm on Fridays. My cell is 603 252 6075.

Green Mountain Inv. Theme will be Star Wars and held at Woodman Athletics

All clubs are also required to supply workers for both meets.

Set up and clean up for the state meet requires a minimum of 15 adult helpers. All clubs are required to donate or get donations for the concession stand at Green Mountain and States if needed – more info will come as to what items we need. Thank you in advance for your help and cooperation. Let me know if you have any questions.

#### Meet Directors

A few reminders for setting up meets:

- you must list equipment including vault runway on all meet info
- you must get a sanction from the usag office
- you must send in \$1 per athlete to USAG Region 6 for every meet you host.
- you must send a copy of the sanction to USAG office, Regions 6 and to the State administrative committee chairman. You must also send a copy of your meet results to the SACC.
- all coaches must have their Membership card displayed at all times during a meet
- there is a dress code for all coaches – Acceptable: club warm up suite, khaki Pants, collared shirt, athletic shoes. Unacceptable: blue jeans, tank tops, and midriff shirts

Please apply early(at least 3 weeks before your expiration) for renewal of your USAG membership – a background check is now required and will take longer to process – you will not be renewed until the background check is complete.

The max for fees for local meets is \$35 for comp and \$40 for opt. In house invitational meets (or theme meets) must not exceed \$50 for comp and \$55 for opt. All theme meets must have a 2-judge panel for levels 5 – 10, you can use a 1 judge panel for level 4 and prep opt. All meet directors must submit a write up to the State Committee Chairman for approval of all theme meets. If you do not hear from me then you are approved.

#### Awards

For all state run competitions (sectionals, gmi and states) an achievement ribbon will be given for each event and all around no matter how low the score is for level 4 & 5.

State meet will still have small medals for event places below 3<sup>rd</sup>

State meet awards will now include all teams Level 4 & 5 being called to the awards stand to receive their achievement awards and certificate. A participation medal will be given to each athlete in the meet instead of a gift.

Pro Score has been designated the score system for all Vermont meets. It makes score tracking a lot easier. You must send a copy of your scores from any meet to Jill G Vanderpot so the scores can be tracked. **An electronic version must be sent directly to Jill also.**

**It has been recommended that all clubs attend at least 2 sectionals with their gymnasts.**

**Regional Policy – all regional athletes will be required to give a \$200 deposit for regionals at the end of the State competition. After the regional competition, when it is proven you have attended the competition, you will get a refund excluding the meet fee. This can be a club check or a family check – all checks will be deposited. This is an effort to cut down on no shows at regionals.**

Board Members and their duties

Brattleboro – Lorraine Cote – meet volunteer organizer

Champlain Valley – Mary Clifton – publicity

Le Studio – Kathy St Pierre – state and gm pre meet info organizer

Northern Lights – Jill G Vanderpot – SACC and score tracker

Green Mountain – Robin Bourdeau – web site

Regal – Erika Reeves - Regional Recognition Director

Woodman Athletics – Blake Woodman – Award Voting Director

Freestyle – Elaine Audy -

Cobra – Shelby Jones -

Judges Rep – Gail McGann – R&P expert

MaryLou Smith – CPE

Anyone who would like to work on the education of Vermont athletes and coaches please let me know.

All forms are available online – if you would like an actual R&P book you must call the USAG office to verify your address.

It has been requested by several members in the state that no soliciting information be handed out at any neutral site state run functions by non seasonal programs.

Thanks for your input and help – I look forward to a great year!!!!

Minutes from Meeting held at NLG on August 4<sup>th</sup> – thanks for your input

No problems or concerns were voiced at the meeting

Level 3 – to include in the Vermont state meet – discussion on pros and cons – coaches felt overwhelmed already and decided to use prep opt instead - not enough clubs interested in sanctioning them at this point, wanted them to be included in meets in VT to see how that went 1<sup>st</sup>. Sanctioned Level 3 will not be included in the state meet at this time. For gm include judging deduction info and have team awards, participation, achievement only

Prep Opt rules – discussion on how to make it more consistent throughout the year. Decided to table rules issues until Mass rules were posted. There was discussion on some changes to vault, let novice go over table, let advanced do tsuk. Mass rules are now posted so we will have a discussion about any changes soon. It was decided to stick to mass rules as our base(no one wants to make up our own) but to not adopt any changes during the year. Gymnasts can go back and fourth between prep opt and age group levels – must stick to age group mobility rules, there are no rules for mobility in prep opt

New Info – USAG is going to an online banking system, this will affect checks issued to judges and suppliers. Checks will no longer be available at the meets for state run functions. USAG VT will also be going to online sign ups for state run meets (sect, states, gm) – more info will be available soon. Any event specialist must declare their events and status as an event specialist 1 month before states in writing to the SACC. There was discussion to change that date to include high school gymnasts – I am checkin with the regional director as this is a regional rule.

Discussion on States – volunteers, how to have the awards presented in a special environment and have coaches available to watch, mid north or south. We will need to wait to see on where the state meet will be and what the set up options are – looking in the North for state meet site. State will have 2 sets of equipment to keep all levels in the same session. Want to include the participation medal like last year and presentation of it by team, keep awards during stretch if in a separate place. There was a volunteer issue at states so it was discussed on how to help them more. Working to get more volunteer education, sheet to be developed with proper educate for volunteers and a sheet to be available at all meets with times and guidelines. This will be checked by Gail and Alicia and sent out when finalized.

Requested that all meets have 2 tape measures for level 4 vault.

Presentations were given for cost info for gm and states – letter from the judges and cost info for gm and states were given. Discussed pros and cons to in gym gm inv. Profit was better last year with the gm meet in a gym but RGA was nice enough to donate the decorations. It can only be done in a gym if the gyms are willing to take on the responsibility. Decided it was much more important to have states at a neutral site and we will use the gm inv as a sectional to open up the meet schedule for other meet opportunities. We will reevaluate it again next year.

Meeting was getting long so we jumped to calendar and age groups and scores quickly.

Issues to revisit – judges selection criteria for states, prep optional